

BREAKFAST

| | |
|--|----------------|
| BEC English Muffin — Bacon, Fried Egg & Colby Jack Cheese <i>GF bread \$1.50</i> | \$7.00 |
| SEC English Muffin — Sausage, Fried Egg & Colby Jack Cheese <i>GF bread \$1.50</i> | \$7.50 |
| Frittata — Egg Pie with Breakfast Meat, Potatoes, Feta & Cheddar Cheese | \$7.00 |
| Burrito — Flour Tortilla, Hash Browns, Pork Sausage, Scrambled Eggs & Cheese | \$13.00 |
| Hot Oats — Topped with Berry Compote, Granola & Milk | \$6.00 |
| Berry Yogurt Parfait | \$6.50 |
| Cinnamon Sugar Overnight Oats | \$6.50 |
| Piña Colada Chia Pudding | \$6.50 |
| Bagel & Cream Cheese — Choice of Bagel & Plain Cream Cheese | \$3.50 |
| <i>Add vegan cream cheese for \$2.00</i> | |

LUNCH

| | |
|--|----------------|
| Deconstructed Lox — Toasted Everything Bagel, Cream Cheese, | \$13.00 |
| Smoked Salmon, Pickled Onions, Mixed Greens, Capers | |
| Flatbread Pizza <i>GF substitution \$2.00</i> | |
| Three Cheese | \$10.00 |
| Tomato & Pesto | \$11.00 |
| Hot Honey Pepperoni | \$11.50 |
| Prosciutto & Date | \$12.50 |
| Turkey & Pesto Ciabatta — Ciabatta, Sliced Turkey, Pesto, White American | \$9.50 |
| Cheese <i>Served with a side of kettle chips / GF bread \$1.50</i> | |
| Cali Toast — Sourdough Bread, Mashed Avocado, Mixed Greens, | \$9.50 |
| Tomato & Red Pepper <i>GF bread \$1.50</i> | |
| Monkey Toast — Sourdough Bread, Peanut Butter, Sliced Banana, | \$8.00 |
| Honey Drizzle & Cinnamon <i>GF bread \$1.50</i> | |

Breakfast & Lunch Served ALL DAY